Helping Hands

Compassion Knows No Borders

CSUF students visit Mexican orphanage, deliver hugs, food, household supplies and time

By MIMI KO CRUZ and DEBRA CANO RAMOS

Adrian is 3 or 4 years old. Abandoned by his parents, his birth date is unknown. He lives at El Faro orphanage, a blue home perched on a landfill in Tijuana, and, on this sunny day in November, all he wants is to be held.

Hugs for this little boy are rare, but for about an hour, he cuddled in the arms of Cal State Fullerton criminal justice major Jennifer Harris. Resting his head on her chest, while the other 44 orphans and American volunteers bustled around him, Adrian closed his eyes and slept.

Harris and 17 other Cal State Fullerton students joined other volunteers on this trip that, they said, touched their hearts. The volunteers arrived in a bus carrying baked hams, canned foods, bottled water, toiletries and other donations for the orphans. Since 2005, CSUF’s Volunteer & Service Center has been offering this community service effort with the Corazon de Vida (Spanish for Heart of Life) Foundation, an Irvine-based nonprofit organization that sponsors 14 orphanages in Tijuana and Ensenada.

More than 250 Cal State Fullerton students, faculty and staff have participated in the volunteer trips which expose them to an experience unlike anything they may have ever encountered, said Amy Mattern, Volunteer & Service Center coordinator.

“They also learn that they can get involved and make a difference either through sponsoring children, donating basic necessities to the orphanages or volunteering their time,” Mattern said. “It’s a crushing experience to see children living without parents in small, cramped facilities with none of the luxuries many of us take for granted.”

James McKenney, a psychology major, has made two trips to Baja orphanages with the group and called the experiences “awesome.”

“It helps to foster a broad perspective of the world,” said McKenney, who managed to give two El Faro children piggyback rides at the same time during his last visit. “There are children starving and dying in large numbers just 100 miles south of us, not to mention the countless other problems immediately surrounding us. Helping to fix these problems doesn’t require a lifetime of devotion, or a heart of gold, you’ve just got to get up and do it.”

Hilda Pacheco-Taylor, who grew up in Baja’s Puerta de Fe (Door of Faith) orphanage, founded Corazon de Vida in 1994. Funding for the orphanages come from private U.S. organizations like Corazon de Vida, churches and community groups.

“We keep the kids from going hungry,” said George Perez, a Corazon de Vida board member who oversees the 14 orphanages that are home to more than 700 children. “What we do is sustain life; that is our mission. These are kids nobody wants.”

The oldest orphan at El Faro is 17-year-old Alberto, a quiet artist who learned to make figures from copper wire and origami by watching others on the streets where he lived until two years ago when he became an El Faro resident.

“I don’t like to speak,” Alberto said in Spanish, as he turned copper wire into a butterfly. “I prefer to be alone and I create art usually when I’m angry. I started living on the streets when I was 6 and I think most people are too closed-minded.”

But, the orphanage is giving Alberto hope. He attends an art school and volunteers are helping him with life’s struggles, Perez said.

“A lot of these kids come from extreme hardships,” Perez said. “They’ve lived on the streets and under bridges. They have no family in their lives. A lot of these kids don’t even know when their birthdays are.”

During the November visit to El Faro, which means The Lighthouse, CSUF volunteers played with children in the dirt courtyard and on the play set. Inside the orphanage’s dining hall, they made crafts with the children, played games, read books to them, wiped their noses or just held them.

Shayna Horwitz, a human services and American studies major who plans to pursue a master’s degree in social work, bent down to the concrete floor in a cramped dorm room at El Faro, where 6-year-old Jennifer was desperately trying to stand up. Like a loving mother, she wrapped the blind, autistic toddler in her arms, muzzling her face against hers.

“These kids have so little, but their hearts are filled with love,” Horwitz said. “Spending time here is really a great experience.”

Upcoming Orphanage Visits

Cal State Fullerton students, faculty and staff can board a bus in Irvine at 6 a.m. on Saturdays to visit a Corazon de Vida orphanage in Mexico. The next CSUF trips are planned for March 3 and April 12. To sign up, call 714-278-7623 or visit www.fullerton.edu/deanofstudents/volunteer. For orphanage information, visit www.corazondevida.org.

More images can be viewed at www.fullerton.edu/inside