

# Obesity Prevention Symposium

## *Obesity Prevention through the Life Span: Reflections of the Past and Vision for the Future*

California State University, Fullerton

Thursday, May 24, 2012

8:30 am — 03:00 pm

Kinesiology and Health Science Building — KHS-199

- 8:30     **Registration**
- 8:45     Welcome and Introduction Dr. Shari McMahan (Dean of the College)
- 8:50     WIC Breastfeeding - Dr. Shari McMahan and Belinda Prado, MPH
- 9:05     Mother's Decision Making - Dr. Jie Weiss (Health Science)
- 9:20     Kick Start Your Day - A Nutrition and Physical Activity Intervention  
Program - Rehanna Mohammad, MPH
- 9:35     Active Play at Home - Dr. Daniela Rubin (Kinesiology)
- 9:50     An After School Running Program - Dr. Elaine Rutkowski (Nursing)
- 10:05    Panel Discussion - Moderator: Dr. Donna Fleming (Orange County Health Agency)
- 10:20    **Break**
- 10:30    Research on Project Demonstrations
- Room 104 – Breastfeeding video - Dr. Shari McMahan
- Room 108 – m-Health Technology - Dr. Jie Weiss
- Room 109 – My Plate - Dr. Archana McEligot
- Taste Testing - Dr. Jeffrey Fortuna
- Room 119 – Active at Home - Dr. Daniela Rubin
- 11:00    Program Evaluation - Dr. Alberto Gedissman (AltaMed) & Dr. Michele Mouttapa (HS)
- 11:15    College Student Wellbeing - Emily Cheng, MA (Psychology)
- 11:30    Nutrition - Dr. Archana McEligot (Health Science)
- 11:45    BMI Levels and Pain Indices in Hispanics with Chronic Pain -  
Dr. Jessie Jones (Chair, Health Science)
- 12:00    Panel Discussion - Moderator: Dr. Donna Fleming (Orange County Health Agency)
- 12:20    **Luncheon in Room 108 or Room 104**
- 1:00     HBO Screening - Weight of the Nation
- 2:15     Panel Discussion - Moderator: Dr. Donna Fleming (Orange County Health Agency)
- 2:35     **Closing and Evaluation**

